





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Sample Calendar</p> <p style="text-align: center;">May your thoughts be as glad as the shamrocks. May your heart be as light as a song. May each day bring you bright, happy hours. That stay with you all the year long.</p> <p style="text-align: center;">Movies are at 2:00 p.m. and 7:30 p.m.</p>		<p style="text-align: center;">BIRTHDAYS Remember to stop by UFCU to pick up your \$2 birthday bill.</p> 		<p style="text-align: center;">Exercise Schedule</p> <p>MONDAY 10:00—Yoga Advanced, FAR 11:00—Yoga Basics, FAR 1:00—Balance and Sculpt, FAR</p> <p>TUESDAY 9:30—Stay Strong, FAR 10:30—Workout in Water, AC 10:30—Star-Stretch, Tone, Align, Relax, CR 11:15—Chair Cardio, FAR</p> <p>WEDNESDAY 10:00—Yoga Advanced, FAR 11:00—Balance and Sculpt, FAR</p> <p>THURSDAY 9:15—Pilates, CR 9:30—Stay Strong, FAR 10:30—Workout in Water, AC 11:15—Chair Cardio, FAR</p> <p>FRIDAY 9:00—T'ai Chi, FAR 10:00—Age Defying Fitness, FAR 10:00—Aqua Zumba, AC 11:15—Senior F.I.T, FAR</p> <p>SATURDAY 11:00—Zumba, FAR</p>		
<p style="text-align: center;">1</p> <p>Sunday Breakfast 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—Honey Boy 2019 18+</p> <p style="text-align: center;">Covenant Presbyterian Church Non-Denominational Communion 11:00 a.m., CH</p> <p style="text-align: center;">New Horizons Band The Austin New Horizons Band was begun in 1998 as part of an outreach program of the University of Texas Butler School of Music. 6:30 p.m., FAR</p>	<p style="text-align: center;">2</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 10:00—Lap Swimming, AC 10:00—Culinary Committee, PDR 11:00—Singles Ping Pong, CR 12:30—Duplicate Bridge, CR 1:00—Poker Club, ACR 1:30—Program Committee, CL Movie—A Promise to Astrid 2019</p> <p style="text-align: center;">Britania Rules the Waves Todd Clayton 2:00 p.m., FAR</p> <p style="text-align: center;">This is a 6 week course on the British Empire. This course will occur every Monday at 2:00 p.m. Last course will be April 6th.</p>	<p style="text-align: center;">3</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 11:00—CM Resident Council, CM 2 AR 1:00—Mah Jongg, CR 2:00—Art Club, ACR 3:00—Lantana Family Council, LL PDR 4:30—Team Trivia, FAR Movie—Avanti</p> <p style="text-align: center;">Election Day Voting Randall's Shopping Center Motor Coach leaves at 9:00 a.m. 3:00 p.m.</p> <p style="text-align: center;">Texas Independence Day Forty Acres Room Chapter Meeting -- 4:00 p.m. Games -- 4:30 p.m. Weldon Henson Band -- 5:00 p.m. Barbecue Buffet -- 6:00 p.m.</p>	<p style="text-align: center;">4</p> <p>OUT AND ABOUT WEDNESDAY</p> <p>10:00—Lap Swimming, AC 11:00—PP Family Council, LL PDR 12:30—Duplicate Bridge, CR 3:15—Love to Sing Singers, CM Movie—Unfinished Sky 2019 16+</p> <p style="text-align: center;">Cooking Demo with Dick Schouweiler, 10:00a.m., TOR Register with Terri Hallenbeck.</p> <p style="text-align: center;">Texas Wildflower All Stars Patrick Newman (Director of LBJ Wildflower Center) shares facts about the plants that make our Hill Country Vibrant and Unique. Bee Cave Library Motor Coach leaves at 12:15 p.m. A Shepherds Look at Psalm 23 Part 1 - Shall Not Want Ryan Schmidt, 1:00 p.m., CH</p>	<p style="text-align: center;">5</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 10:00—Library Exec. Comm. Mtg. PDR 10:00—Longhorn Village Band, CL 1:15—Ukulele Class, CL Mindfulness, 3:30 p.m., TT</p> <p style="text-align: center;">Our History, Our Heritage, Our Mission....Texas Learn about the Daughters of Republic of Texas and their Mission to encourage Historical Research into the Earliest Records of Texas. Sherry Jenkins, District 5 Representative, Daughters of the Republic of Texas 4:00 p.m., FAR</p> <p style="text-align: center;">Belated Texas Independence Day Sip & Sing, 7:00 p.m., CL</p>	<p style="text-align: center;">6</p> <p>9:30—Lap Swimming, AC 10:00—Grocery Shopping 1:00—Mah Jongg, LR 1:00—Grocery Shopping 2:00—Rummikub, ACR 4:30—Chips and Dips Social, CL Movie—The Man in the Moon 1991 PG13</p> <p style="text-align: center;">Classic Country Allen Bones 5:00 p.m., CL</p> <p style="text-align: center;">Austin Symphony "March Madness" Edward Elgar, Johannes Brahms, Emmanuel Chabrier Dell Hall Motor Coach leaves at 6:00 p.m.</p>	<p style="text-align: center;">7</p> <p>10:00—Lap Swimming, AC 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 11:15—Catholic Mass, CH 1:00—Mexican Train, ACR 7:30 Movie ONLY—Clue 1985 PG</p> <p style="text-align: center;">The Pool and Hot Tub will be closed from March 9th - 23rd for resurfacing. All water classes will be cancelled during that time.</p> <p style="text-align: center;">Daylight Saving Time Begins Remember to set your clocks ahead one hour before you go to bed.</p>
<p style="text-align: center;">8</p> <p>Sunday Brunch 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—Spotlight 2015 R</p> <p style="text-align: center;">Texas Piano Players Emma And William Nebeker Emma and William are Division winners in the MTNA Senior Piano Duet Competition. A Senior at Westlake High School, Emma has been studying the piano for 14 years. William, a Freshman at Westlake High School, has been studying piano for nine years. Both Emma and William are students of Kenneth Thompson. 4:00 p.m., FAR</p>	<p style="text-align: center;">9</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 12:30—Duplicate Bridge, CR 1:00—Poker Club, ACR 3:00—Caregiver Group, LL PDR Movie—Bridge of Spies 2015 PG13</p> <p style="text-align: center;">Line Dancing, 2:00 p.m., CL</p> <p style="text-align: center;">Britania Rules the Waves Todd Clayton 2:00 p.m., FAR</p> <p style="text-align: center;">This is a 6 week course on the British Empire. This course will occur every Monday at 2:00 p.m. Last course will be April 6th.</p>	<p style="text-align: center;">10</p> <p>8:30—Medical Appointments 1:00—Mah Jongg, CR 2:00—Art Club, ACR 4:30—Team Trivia, FAR Movie—The Martian 2015 PG13</p> <p style="text-align: center;">Chair Aerobics w/Ann Kennedy 10:30 a.m., FAR</p> <p style="text-align: center;">March Birthday Cupcake Party 2:00 p.m., CL</p> <p style="text-align: center;">Bingo & Cocktails, 3:00 p.m., CL</p>	<p style="text-align: center;">11</p> <p>OUT AND ABOUT WEDNESDAY</p> <p>12:30—Duplicate Bridge, CR Movie—O Brother, Where Art Thou 2019 PG</p> <p style="text-align: center;">Umlauf Sculpture Garden & Museum The Umlauf Sculpture Garden & Museum, stylized as the UMLAUF, is a museum and outdoor sculpture garden centered on the artistic works of American sculptor Charles Umlauf. Motor Coach leaves at 9:00 a.m.</p> <p style="text-align: center;">Vandegrift Students 12:00 p.m. - 1:30 p.m., Living Room</p> <p style="text-align: center;">A Shepherds Look at Psalm 23 Why a Shepherds Look? David was a Shepherd. His World View. What he knew. Part 2 - Green Pastures Ryan Schmidt, 1:00 p.m., CH</p> <p style="text-align: center;">Journey Support Group Ryan Schmidt, 1:30 p.m., CH</p>	<p style="text-align: center;">12</p> <p>8:30—Medical Appointments 9:00—Residents Advisory Council, CR 10:00—Book Club, ACR 10:00—Longhorn Village Band, CL 10:30—St. Luke's Communion, CH 11:00—Health & Wellness Cmt, ACR 1:15—Ukulele Class, CL</p> <p style="text-align: center;">Chair Aerobics w/Ann Kennedy 10:30 a.m., FAR</p> <p style="text-align: center;">Movie — Song of Love Introduction by Robert Freeman. 1:00 p.m. & 7:30 p.m., TT</p> <p style="text-align: center;">Operational Update, 2:00 pm, FAR</p> <p style="text-align: center;">Ice Cream Social! Mingle with fellow residents. 3:30 p.m., CL</p>	<p style="text-align: center;">13</p> <p>10:00—Grocery Shopping 1:00—Mah Jongg, LR 1:00—Grocery Shopping 2:00—Rummikub, ACR 4:30—Chips and Dips Social, CL Movie—Miss Sloane 2016 R</p> <p style="text-align: center;">Great World Religions: Christianity Lecture 1 - Christianity Among World Religions Lecture 2 - Birth and Expansion 10:30 a.m., TT Discussion to follow in the Living Room.</p> <p style="text-align: center;">Improv Class—Spooky Theme Resident Jane Park Residents who want to loosen up, have more fun, meet new people and get comfortable speaking and joking in front of groups. 3:30 p.m., FAR</p>	<p style="text-align: center;">14</p> <p>10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 11:15—Catholic Mass, CH 1:00—Mexican Train, ACR Movie—Precious 2009 R</p> <p style="text-align: center;">Alzheimer's Texas Walk 27th Annual Travis County Walk Join LHV Residents, Families and Associates in giving Alzheimer's the boot! ID required to enter No pets allowed Motor Coach leaves at 8:30 a.m.</p> <p style="text-align: center;">Pi Day Celebrate the endless number π with mathematical antics and plenty of pie. Apple Pie will be served in the Cocktail Lounge. 2:00 p.m., CL</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>Sunday Breakfast 2:30—Canasta, ACR Movie—Nicholas Nickleby 2002 PG</p>	<p>16</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 11:00—Catholic Com., Rosary, CH 11:00—Singles Ping Pong, CR 12:30—Duplicate Bridge, CR 1:00—Poker Club, ACR 3:00—Caregiver Group, LL PDR Movie—Ali 2001 R</p> <p>Britania Rules the Waves Todd Clayton 2:00 p.m., FAR</p> <p>This is a 6 week course on the British Empire. This course will occur every Monday at 2:00 p.m. Last course will be April 6th.</p>	<p>17</p> <p>8:30—Medical Appointments 10:00—Resident's Foundation Mtg., TT 1:00—Mah Jongg, CR 2:00—Art Club, ACR 4:30—Team Trivia, FAR Movie—The Last Thing He Wanted 2020 R</p> <p>Chair Aerobics w/Ann Kennedy 10:30 a.m., FAR</p> <p>Irish You Were Here St. Patrick's Day Party Wear Green! 4:00 p.m., CL</p>	<p>OUT AND ABOUT WEDNESDAY 18</p> <p>12:30—Duplicate Bridge, CR 3:15—Love to Sing Singers, CM Movie—Miss Virginia 2019 TV14</p> <p>A Shepherds Look at Psalm 23 Why a Shepherds Look? David was a Shepherd. His World View. What he knew. Part 3 - Restoration Ryan Schmidt, 1:00 p.m., CH</p> <p>Longhorn Village Resident Foundation Kickoff 3:30 p.m. - 5:00 p.m., FAR Wine and Hors d'oeuvres will be served.</p> <p>Galloping Gourmet—Dinner Doc B's Restaurant +Bar Motor Coach leaves at 5:00 p.m.</p>	<p>19</p> <p>8:30—Medical Appointments 10:00—Longhorn Village Band, CL 10:30—Low Vision Group, PDR 11:00—Lutheran Divine Service, CH 1:15—Ukulele Class, CL</p> <p>Audiologist, Wellness Clinic See Lynn Nalodka for an appointment.</p> <p>Sip & Sing, 7:00 p.m., CL</p> <p>Indian Classical Dance Troupe Sakhyam is an Austin, Texas based collaborative of dancers. Performing a diverse range of dance forms including Bharatanatyam, Kuchipudi, folk and semi-classical fusion. Come see this troupe perform Classical Indian Dancing. 7:15 p.m., FAR</p>	<p>20</p> <p>10:00—Grocery Shopping 10:00—Shabbat, CH 1:00—Mah Jongg, LR 1:00—Grocery Shopping 2:00—Rummikub, ACR 4:30—Chips and Dips Social, CL Movie—Mr. Right 2015 R</p> <p>Great World Religions: Christianity Lecture 1 - Second Century and Self-Definition Lecture 2 - The Christian Story 10:30 a.m., TT Discussion to follow in the Living Room.</p>	<p>21</p> <p>10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 11:15—Catholic Mass, CH 1:00—Mexican Train, ACR Movie—Going In Style 2017 PG 13</p> <p>Model A Car Show 10:00 a.m. to 11:00 a.m. IL Parking Lot</p>
<p>22</p> <p>Sunday Brunch 2:30—Canasta, ACR Movie—Allied 2016 R</p>	<p>23</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 12:30—Duplicate Bridge, CR 1:00—Poker Club, ACR Movie—Casablanca 1942 PG</p> <p>You Have Memory Concerns, Now What? Robin Hilsabeck, PhD Anna Finger, LMSW Krystle Zuniga, PhD Alyssa Aguirre, MSW 12:00 p.m., FAR</p> <p>Britania Rules the Waves Todd Clayton, 2:00 p.m., FAR</p>	<p>24</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 1:00—Mah Jongg, CR 2:00—Art Club, ACR 4:30—Team Trivia, FAR Movie—The Queen 2006 PG</p> <p>March 24th—26th George Bush Presidential Library and Museum, Meadows Museum Dallas Arboretum and Botanical Gardens Perot Museum of Nature and Science Dallas Art Museum and Sculpture Garden Chartered Bus leaves at 8:00 a.m.</p>	<p>OUT AND ABOUT WEDNESDAY 25</p> <p>10:00—Lap Swimming, AC 12:30—Duplicate Bridge, CR Movie—Faith, Hope & Love 2019 PG</p> <p>Tour of Flower Hill Urban Homestead and Lunch at Salt Trader Motor Coach leaves at TBD.</p> <p>A Shepherds Look at Psalm 23 Why a Shepherds Look? David was a Shepherd. His World View. What he knew. Part 4 - The Valley Ryan Schmidt, 1:00 p.m., CH</p> <p>Chew on This Dining Director Dick Schouweiler 3:00 p.m., FAR</p>	<p>26</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 10:00—Longhorn Village Band, CL 10:30—Music and Message, CR 1:15—Ukulele Class, CL</p> <p>Movie — Spring Symphony Introduction by Robert Freeman. 1:00 p.m. & 7:30 p.m., TT</p> <p>Guided Meditation, 3:30 p.m., TT</p>	<p>27</p> <p>9:30—Lap Swimming, AC 10:00—Grocery Shopping 1:00—Mah Jongg, LR 1:00—H Mart Austin 2:00—Rummikub, ACR 4:30—Chips and Dips Social, CL Movie—Lincoln 2012 PG13</p> <p>Great World Religions: Christianity Lecture 1 - What Christians Believe Lecture 2 - The Church and Sacraments 10:30 a.m., TT Discussion to follow in the Living Room.</p>	<p>28</p> <p>10:00—Lap Swimming, AC 10:00—Doubles Ping Pong, CR 11:00—Singles Ping Pong, CR 1:00—Mexican Train, ACR Movie—The Coldest Game 2019</p>
<p>29</p> <p>Sunday Breakfast 10:00—Lap Swimming, AC 2:30—Canasta, ACR Movie—Cookie's Fortune 1999 PG13</p> <p>The Nowhere Men The Best of Rock Classics The Nowhere Men are an acoustic duo that brings you awesome renditions of your favorite classic rock songs, primarily from the 60s, 70s and 80s, with a heavy dose of the Beatles, as well as the Stones, the Who, the Monkees, Eric Clapton, Simon and Garfunkel, Elton John, CSNY, the Eagles, Fleetwood Mac, REM, Elvis Costello, Stevie Ray Vaughn and more. 5:00 p.m. to 7:00 p.m., CL</p>	<p>30</p> <p>8:00—Mobilex (Lab Work) 8:30—Medical Appointments 10:00—Doubles Ping Pong, CR 11:00—Catholic Com., Rosary, CH 10:00—Lap Swimming, AC 11:00—Singles Ping Pong, CR 12:30—Duplicate Bridge, CR 1:00—Poker Club, ACR Movie—Solver 2018</p> <p>Britania Rules the Waves Todd Clayton 2:00 p.m., FAR</p> <p>This is a 6 week course on the British Empire. This course will occur every Monday at 2:00 p.m. Last course will be April 6th.</p>	<p>31</p> <p>8:30—Medical Appointments 9:00—Lap Swimming, AC 1:00—Mah Jongg, CR 2:00—Art Club, ACR 4:30—Team Trivia, FAR Movie—Knives Out 2019 PG13</p> <p>Willie and Chili Lloyd Miller Come see Lloyd cover Willie Nelson Songs and Enjoy Chili. 5:00 p.m., FAR</p>	<p>ACR Activity Center AC Aquatic Center BR Billiard Room CM Casa Mesquite CH Chapel CL Cocktail Lounge CR Club Room FAR Forty Acres Room FC Fitness Center GR Garden Room HCC Hill Country Café JR Java Ranch L Lobby LL Littlefield Library LR Living Room LAL Lantana Lodge PDR Private Dining Room TOR Treaty Oak Room TT Trusty Theatre WC Wellness Center</p>	<p>CATIE Web https://longhornvillage.mycatie.com/catiweb/</p> <p>Longhorn Village http://longhornvillage.com</p> <p>Texas Exes www.texasexes.org/longhornvillage</p> <p>Dining Statement http://dining.longhornvillage.com</p> <p>Daily View Channel 1890</p> <p>Spectrum 1-(833) 697-7328</p> <p>Nurse In Hours Monday-Friday 10:00 a.m.-12:00 p.m.</p>	<p>Lloyd Miller Chauffeur - Cell: 512-635-1383</p> <p>Susan Isenberg Chauffeur - Cell: 512-635-1577</p> <p>Chauffeur - Cell: 512-706-5165</p> <p>Wellness Clinic 512-382-4675 512-597-2964 (Fax)</p> <p>Lynn Nalodka Wellness Director 512-266-5600, Ext. 2074</p> <p>Briana Grindy RehabCare 512-358-6880</p> <p>Wellness Clinic — 512-382-4675 Audiologist Dr. Natasha Dewald</p>	<p>The Canyon View Calendar</p> <p>A Publication of</p>    <p>Optometrist Erin Jacob Podiatrist Michael Cosimeno</p>